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Fun things to see and do in the Puget Sound area.

The Space Needle and the Pacific Science Center's Sonic Bloom art installation (which uses solar power to demonstrate sustainability) are among the attractions at Seattle Center. Photo by Stefano Politi Markovina / AWL Images Ltd.

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Exploring *the* EMERALD CITY



The Great Gallery at
The Museum of Flight.

Recreation for
the young and young
at heart in Seattle
and beyond

By Lora Shinn



“Hey, Mom, you gotta check this out,” my 14-year-old daughter, Isabelle, calls to me. She’s the first member of our group to climb aboard **The Museum of Flight’s** 120-foot-long Space Shuttle Trainer, a full-size wooden replica of the space shuttle’s fuselage, including the crew cabin and flight deck. For 30 years, NASA astronauts used this very trainer to prepare for missions. My 8-year-old son, Emmett, nervously eyes a rocket booster replica. “Are you sure this doesn’t actually go into space?” he asks me. The trainer is just that realistic looking.

He takes a deep breath and scrambles up the steps. I follow, trailed by my friend Haley and her three children: a preschooler, a kindergartner and a second-grader. When we’ve all gathered in the 60-foot-long payload bay, we linger in this piece of history—this place where astronauts once stood. We know there’s still enough room for the 30-something couple in line behind us to come aboard, along with the two baby boomers and their adult son.

“I feel so small,” Emmett says. I nod my head in agreement. The trainer is huge, and its top is open, giving us an impressive view not only of the



Clockwise from top: A family visit to the Olympic Sculpture Park (the Space Needle is in the background). A flower vendor at Pike Place Market. The Seattle Great Wheel and Miners Landing on the waterfront.



rocket booster hanging above our heads (it was used to boost satellites to higher orbits), but also of a 120-foot-long Milky Way wall mural that contributes to the sense that we are tiny entities in the vastness of space.

Eight-year-old Charlotte accompanies Emmett down the black metal flooring of the payload bay to the glassed-in crew compartment, and they peer through the air lock into the area where seven astronauts practiced living in cramped quarters. A panel of switches, dials and buttons makes a big impression. The kids say the only appropriate thing at a moment like this: “Whoooooah, cool.”

The trainer is the centerpiece of the Charles Simonyi Space Gallery, one of the six main galleries at The Museum of Flight, which is located just seven miles south of downtown Seattle. In The Museum of Flight’s Great Gallery, the kids pretend to battle while seated in the cockpit of an SR-71A Blackbird reconnaissance plane, handily managing the controls and flip switches. “A fleet of planes is flying toward us,” my daughter says, and it’s true. More than 20 brightly colored spy planes, fighter jets and airliners hang in the air above and before us, suspended by giant cables from the six-story-tall, glass-and-steel ceiling.

We move toward the Kid’s Flight Zone, where our children jump into a hot-air balloon basket, pretend to surf air currents in a hang glider’s harness, and use foot pedals and a control stick to see what it’s like to steer a biplane.

Ready for a bigger challenge, Isabelle takes the controls of an F-15 Eagle simulator in the Great Gallery. Rolling and looping, she dodges enemy aircraft in a dogfight. “That was so fun,” she says. “This museum makes me want to fly a plane, not just ride in one.”

“Sounds like something another girl once felt,” I say, leading her to a shiny, 1935 Lockheed Model 10-E, the same model Amelia Earhart flew. A goal of the museum is to inspire more girls to participate in aviation and science, and its exhibits and special programs frequently spotlight female aviators.

One of the things I love about living in the Seattle area is that inspiration takes flight at many attractions enjoyed by everyone, from grandparents to grandkids, that showcase the region’s nature, history, dreams and achievements. Seattle is nicknamed The Emerald City, and like that capital city in the great land of Oz, it is a place of splendor, magic and



From top: The International Fountain at Seattle Center. A banded orange butterfly from Pacific Science Center’s Tropical Butterfly House. An instrument sculpture at the EMP Museum.

delight. Below are more ideas for attractions that appeal to all ages.

Downtown: Great Wheel, Fur Seals, Market Deals

We start the morning in high spirits, at 175 feet in the air, on board **The Seattle Great Wheel** at Pier 57/Miners Landing along Seattle’s waterfront. This Ferris wheel, the tallest observation wheel on the West Coast, offers a seagull’s-eye view of downtown Seattle to the east and

the Olympic Mountains to the west.

“I’ll climb those one day.” Emmett gestures toward the picturesque snowcapped peaks in the distance.

“The Olympics—sure. Or, how about that one?” I point south, toward Mount Rainier, in the Cascade Range. “Oh, yeah,” he agrees. “That one, too.”



Did You Know?
The smallest artifact in The Museum of Flight collection is a carved white elephant, 1/16th of an inch tall, carried into space by astronaut Michael Collins on the 1969 Apollo 11 mission, when humans first set foot on the moon.

As the climate-controlled, wheelchair-accessible gondola circles three times, Emmett, Isabelle and I also count ships plying Elliott Bay, and we look across the water to the West Seattle peninsula, where settlers arrived in 1851; they subsequently founded the village that became Seattle. Then we look below to Pier 57, where the steamship *Portland*, bearing “a ton of gold,” docked in 1897, launching the Klondike Gold Rush.

We make plans to return to the pier on the next holiday, because spectacular LED light shows take place on the wheel for special occasions.

After today’s ride, a two-minute stroll north brings us to the **Seattle Aquarium**, where the first exhibit is “Window on Washington Waters.” We stand close to the 20-foot-tall, 40-foot-wide viewing window as a scuba diver, wearing a Seahawks jersey over his wet-suit, waves to us. Young coho salmon and wolf eels weave around him as he feeds them krill and shrimp. Other tank residents—there are nearly 800, all indigenous to Puget Sound—swim above rock formations, sea urchins and anemones.

Moving farther into the aquarium, which harbors about 350 total species, we pet mottled sea stars, and watch staff hand-feed a 3-year-old giant Pacific octopus.

My favorite exhibit has always been “The Underwater Dome,” where it feels like you’re in the middle of an upside-down glass bowl surrounded by seawater. Circling us are spiny dogfish, also known as dogfish sharks, and otherworldly looking sturgeon.

Outdoors in the “Marine Mammals” area—which showcases sea otters, river otters, fur seals and harbor seals—Commander, a sleek, black fur seal, glides by us, while in another exhibit, a sea otter lounges, floating on its back with paws folded on its furry chest.

“He’d be an adorable pet,” I say.

“Except for that whole stinky-fish-diet problem,” Isabelle reminds me.



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Visitors watch a diver in the “Window on Washington Waters” exhibit at the Seattle Aquarium.

Did You Know? You can view live camera footage of the aquarium’s harbor seals, sea otters, giant Pacific octopuses and hermit crab, named **Marshawn Pinch** (currently it’s his off-season, but live coverage is expected to resume this fall).

From the aquarium, it’s a short (but heart-pounding) hike up about 140 steps to **Pike Place Market**. This year-round market is a don’t-miss for visitors, yet it’s also regularly frequented by locals. Each outing offers something fresh: new seasonal produce, new performers, new stalls, new craft items.

In the market’s Lower Post Alley, the uneven cobblestones beneath our feet bring to mind the year 1907, when the market was founded. I imagine I hear the clack-clack of horses’ hooves—until “Ew, gross! Ew, cool!” interrupts my reverie. Emmett points to



COMING UP
The U.S. Open will be played in the Pacific Northwest for the first time when the tournament comes to the links-style Chambers Bay Golf Course, near Tacoma, June 15–21, 2015. Tickets for the general public will be available beginning June 9, 2014 (usopen.com).
Customers can watch Starbucks’ top-line Reserve brand—comprising single-origin varieties—being roasted at the company’s new roastery/coffee shop scheduled to open this fall in the Capitol Hill neighborhood, just east of downtown Seattle (starbucks.com).
The Washington State Convention Center, which celebrated its 25th anniversary in 2013, is completing a \$21 million refurbishment this year (wscc.com).



the Market Theater Gum Wall, a favorite attraction for young and old. The wall is plastered with already-been-chewed gum. “Can I add mine?” Isabelle says. A crooked grin sneaks across her face. I nod, and she pushes a blue bubblegum dab into the wall.

Thankfully, Pike Place Market offers more than ABC gum art. The market is a feast for all five senses: The shouts of market fishmongers mingle with the chords of guitar-strumming buskers. The rich scents of saffron and cinnamon emanate from a spice shop. Flowers and farm-fresh produce burst like visual fireworks from

Above: Breathtaking Snoqualmie Falls, which is higher than Niagara Falls. Below: The new stingray touch tank at Point Defiance Zoo & Aquarium.



stalls. Customers try on artisan jewelry, hug hand-crafted stuffed animals, wind up walking toys and curl their fingers around cups of Starbucks coffee. Local growers hand out sweet samples of organic cherries, peaches and apples.

My kids and I frequently call to each other, “Hey, look at this!”

Seattle Center: Museums and More

Like an irrepressible toddler, water leaps and jumps from the 283 water shooters of Seattle Center’s **International Fountain**. Children and adults alike creep toward the structure, gambling that they can dodge away before getting soaked by jets such as the “Super Shooters,” which skyrocket up to 120 feet. A child screams in delight, and I recognize the sound. It’s my son. Water drips from his shirt and shorts, and from his grinning face.

After Emmett dries off, he uses his imagination at the **Seattle Children’s Museum**, located in the Armory building on the 74-acre Seattle Center campus.

Did You Know?

Native peoples used the Snoqualmie Falls area as a seasonal meeting place.

Emmett has loved the museum since his toddler years. Today, he pretends to shop for groceries from kid-size shelves, removes his shoes to pad through part of a home modeled after a traditional home in Kobe, Japan (Seattle’s sister city), and creates a theatrical play in the velvet-curtained theater, setting off thunder

with the push of a button. (Other interesting Puget Sound-area museums for kids include Children’s Museum of Tacoma and KidsQuest Children’s Museum in Bellevue.)

Isabelle meets us by the museum when she finishes this morning’s session of her weeklong drama camp at **Seattle Children’s Theatre**, a world-renowned professional theater company, based at Seattle Center, that during the summer season also presents student productions. These performances, starring actors ranging from fourth-graders to 21-year-olds, include upcoming plays such as *Singin’ in the Rain Jr.*, *The Snow Queen* and *Macbeth*, and ticket prices are just \$10. The theater will celebrate its 40th anniversary during the 2014-15 season.

The three of us walk over to the **EMP Museum**, a celebration of music, science fiction and pop culture. We gaze in awe at the two-story tower of 500 guitars, saxes and keyboards near the entry before moving to the Sound Lab, where Isabelle jams on a guitar with Bo Diddley, practices vocals with other pro musicians and remixes Annie Lennox.

(TOP) CAREY ROSE / PUGET SOUND ENERGY; (LEFT) POINT DEFIANCE ZOO & AQUARIUM



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You Can Also:
 Learn about other cultures during the many **Festál Cultural Festivals** held at Seattle Center, such as **A Glimpse of China**, May 17; **Pagdiriwang Philippine Festival**, June 7–8; and **Festival Sundiata** presents **Black Arts Fest**, June 14–15 (seattlecenter.com/festal).

In the “Icons of Science Fiction” exhibit, we discover a special-effects interactive. I throw on a blue robe, and the kids create a video composite of me in a common sci-fi setting: a space galaxy. They “attack” me with tiny plastic dinosaurs while I’m standing in front of the camera, and I do my best to look scared. Thanks to the wonders of modern technology, the dinos appear life-size when combined with my image on the monitor.

For a different sort of wonder, we enter **Chihuly Garden and Glass**, featuring the magnificent glass art of Puget Sound–area native Dale Chihuly. It’s best for kids past the grab-for-it stage. We ask the front desk for the Kid’s Guide, which has activi-

ties such as matching photos with exhibits, and a place where budding artists can draw. In the Glass Forest, we’re entranced by pink and blue neon pods and stems that illuminate a nighttime landscape. We spot glass octopuses and manta rays in the Sealife Room, and in the Chandeliers gallery, we walk under glass chandeliers that for us evoke tornados as they spiral down from the ceiling. Another suspended sculpture, a 100-foot-long yellow, orange and red piece, captivates us in the atriumlike Glasshouse.

In the lovely exterior Garden, forms such as blue spires and purple spheres glow next to ferns, nurse logs and floral plantings that change seasonally. Our attention is also captured by pieces such as the amethyst-colored *Viola Crystal Tower*, named after Chihuly’s mother. “It looks like rock candy,” my daughter says.

The Space Needle stands watch over the

Glasshouse and the Garden. “Let’s go up,” my son says. Although we live in the Seattle area, we enjoy being swept off our feet every few years, and the Needle is an only-in-Seattle experience. We board a gold capsule-like elevator that will convey us to the top of the 605-foot Space Needle in 43 seconds.

“My ears are popping!” Emmett says as we go up. We step out onto the Observation Deck, at 520 feet above the ground, and are dazzled by the glow of afternoon sun behind Puget Sound and the Olympic Mountains. We circle the outside deck to enjoy views—sometimes via free-use telescopes and binoculars—of Mount Rainier, downtown Seattle and lively north-end neighborhoods.

“Hey, the science museum!” Emmett points. Just below us, we see the white arches of the **Pacific Science Center**. “You two want to go?” I ask. I get two enthusiastic “yes!” responses, so we return the next day to explore the science museum.

At the Tropical Butterfly House, hundreds of delicate creatures flutter overhead—and onto Isabelle, perhaps mistaking her yellow shirt for a banana. At Professor

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Wellbody's Academy of Health & Wellness, we learn about covering a sneeze in the Germnasium. (Spoiler alert: The lesson involves a kids-and-grandkids-love-it "ah-choo" and surprise water spray.)

Upon exiting the science center, we notice *Sonic Bloom*, a collection of steel flowers up to 33 feet tall, with solar-paneled centers. The art project was installed last year by Seattle City Light. The flowers gather light in the daytime, then glow pink, orange and green at night, and they give me the opportunity to discuss sustainable energy options with the kids.

Puget Sound Area: Natural Attractions

About 40 miles south of Seattle, we enter Tacoma's 765-acre **Point Defiance Park** to visit Point Defiance Zoo & Aquarium's South Pacific Aquarium exhibit, which opened a stingray touch tank last year. Cautiously, we reach into the tank to stroke yellow and Atlantic rays. They feel smooth yet squishy, like firm gelatin. Three-foot-long sharks will join the tank in June.

Next we walk down a few steps to a giant lagoon, populated by creatures such as tangs and triggerfish. A toddler walks up to the glass as a blue-and-green fish swims by. "Big like me!" the little girl shouts, and she's right. Fred, a 65-pound humphead wrasse, is roughly toddler-size, or maybe a little bigger.

Also new at the aquarium are the Eye-to-Eye Shark Dives, introduced in October. Noncertified divers ages 8 and up can do a cage dive, with air supplied from the surface, in the 240,000-gallon South Pacific Aquarium, which is home to more than 15 sharks. Certified scuba divers can swim among the sharks, one of which is a 9-foot-long lemon shark that volunteers have nicknamed Liz—like Liz Lemon, of *30 Rock* fame.

A Puget Sound-area exploration wouldn't be complete without an all-natural experience. Emmett and I meet my friend Haley and her daughter, Charlotte, at **Snoqualmie Falls Park**, about 30 miles east of Seattle. The falls plunge 270 feet over the cliff face—making them about 100 feet taller than Niagara's famous cascades. The park completed significant renovations last fall, and it's our first time here since the upgrades. The children stroll along new ADA-compli-

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ant walkways featuring native plants such as salal and red-flowering currant. Interpretive signs provide insight into nature, history, culture and hydropower related to the falls. We head down a steep, switchbacking, six-tenths-of-a-mile gravel trail toward the base of the cataract. Many Douglas fir trunks along the trail stand above ferns and are covered with moss. “It’s like the Ewok Village,” I comment to Emmett. “Yeah, it’s Endor,” he says.

The trail leads to the new Lower Park, whose wooden viewing deck is just 900 feet from where the falls meet the Snoqualmie River, creating a fine mist. The Lower Park also has river access for kayaks, as well as a small beach and restrooms.

On the way back up, Emmett and Charlotte spot something afoot in the woods. “Deer!” Emmett whispers. At first, we adults don’t see it, but then we spot the dark-brown eyes, staring quietly back at us while the black-tailed deer stands motionless. A truly magical moment, indeed. **S**

Writer Lora Shinn lives in the Seattle area. For more information on attractions and activities, see websites such as visitseattle.org, visitbellevuewashington.com, explorekirkland.com, seattlesouthside.com and traveltacoma.com.

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From Historic Cars to Big Cats

A roundup of great attractions, including the LeMay Museum and Woodland Park Zoo

When the original Ford Mustang was introduced 50 years ago, demand was so great, one dealership had 15 customers bid on the same car. The winning bidder was so afraid the car would be sold out from under him before his check cleared, he spent the night in the vehicle, according to Ford’s online history.

The company’s new model—which was selected as the pace car for the 1964 Indianapolis 500 and also appeared in the 1964 James Bond movie *Goldfinger*—soon became an icon of the American road.

The golden anniversary of the Mustang will be celebrated June 14 through December 31 in the exhibit “**Masters of Mustang**” at LeMay—America’s Car Museum in Tacoma, about 30 miles south of downtown Seattle. The museum, which

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The Fremont Troll (fremont.com/troll), in the Fremont neighborhood north of downtown Seattle, is one of the city's most beloved sculptures. The 18-foot-tall big guy—holding a Volkswagen—lurks under the north end of the Aurora Bridge. The troll is also included in The Fremont Tour, a combination of quirky public art and improvisational street theater, May 25–October 26 (thefremonttour.com).

opened in 2012 next to the Tacoma Dome, explores how the automobile has played a distinctive role in American society and the American experience.

The Mustang exhibit will include the story of the individuals who developed the model by anticipating what young buyers would want, and will also present cultural and



The Frye Art Museum (fryemuseum.org) has an impressive collection of 19th and 20th century American, German and French paintings. The exhibit “Isamu Noguchi and Qi Baishi: Beijing 1930” is on view through May 25. Admission to the museum is free.

design achievements over the past 50 years. Cars such as the early-model Mustang shown on the facing page will be on display.

LeMay will also be spotlighting **Route 66**, in the “Dream of the Mother Road” exhibit, beginning May 3, with cars such as a 1932 Chevrolet Huckster wagon and a 1953 Chevrolet Corvette being rotated through the exhibit over the next 18 to 24 months.

In addition, the 165,000-square-foot museum presents many special events, and has a core group of cars that are typically on view, ranging from a 1906 Cadillac Model M and a 1930 Packard Eight to a 1963 Studebaker Avanti #1001 and the 1994 George

Barris Kustom Flintmobile created for *The Flintstones* movie.

The museum is one of the many attractions in the Puget Sound area. Below are some additional ideas for exploring the region.

Alki Beach Park (seattle.gov/parks) is a 2.5-mile stretch of sandy beach in West Seattle that includes a monument to the arrival at this beach of the first white settlers in what came to be called Seattle. Seattle Parks and Recreation also oversees **Jimi Hendrix Park** near the Northwest African American Museum in the Central District;

(LEFT TO RIGHT) JULIE QUARRY / ALAMY; KIRK MASTIN / AURORA PHOTOS

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Hing Hay Park (with a Grand Pavilion constructed in Taipei) in the Chinatown–International District; **Oxbow Park** (home to the historic *Hat 'n' Boots* sculptures—a 44-foot-wide cowboy hat and 22-foot-tall boots) in Georgetown; and **Tilikum Place** (with a lifesize 1912 statue of Chief Seattle, the city’s namesake), just a few blocks from Seattle Center.

The Bellevue Arts Museum (bellevuearts.org) emphasizes the work of Northwest artists, as well as spotlighting artists in other parts of the globe. “Folding Paper: The Infinite Possibilities of Origami,” featuring more than 140 works, from 45 master folders

worldwide, will be on display May 16–September 21.

Bellevue Botanical Garden (bellevuebotanical.org) is a 53-acre jewel with plants ranging from fuchsias to ferns, and specialty gardens such as an award-winning waterwise garden.

Burke-Gilman Trail (seattle.gov/parks/burke-gilman/bgtrail.htm and kingcounty.gov/



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recreation/parks/trails/regionaltrailssystem) runs more than 18 miles from Shilshole Bay in Seattle to the city of Bothell, where the trail connects with the **Sammamish River Trail**.

The 1917 Hiram M. Chittenden Locks (seattle.gov/tour/locks.htm) allow boat passage between freshwater and saltwater. You can watch boats go through the locks year-round. July–September are the best months to see salmon swimming up the fish ladder.

The Chocolate Box Tour de Chocolate (sschocolatebox.com) educates participants about chocolate, and includes a tour of Theo Chocolate’s organic-chocolate factory, plus the opportunity to make your own chocolate bar.

The 7.5-acre Dunn Gardens (dunngardens.org), in northwest Seattle’s Broadview neighborhood, was designed by the Olmsted Brothers, who completed their work in 1916. The shade-dappled woodland gardens and lush perennial borders are open for guided tours, by reservation, select days and times, April–July and September–October.

Emerald Downs Racetrack (emeralddowns.com) provides the opportunity to watch exciting thoroughbred racing through September 28. The premier event is the Longacres Mile, August 24 this year.

Emerald Water Anglers (emeraldwateranglers.com) guides fly-fishing trips, for novices to experts, on Washington rivers such as the Snoqualmie, Yakima and Skagit, and on Puget Sound.

Foss Waterway Seaport and Thea’s Park (fosswaterwayseaport.org) commemorate the history of the Tacoma waterfront, including the accomplishments of late-19th century pioneer Thea Foss. **The Tacoma Maritime Fest** (maritimefest.org) will take place at the seaport and park, September 20 and 21, with boat tours, seminars, a boat-building competition and a shipping container kids can paint.

The Future of Flight Aviation Center & Boeing Tour (futureofflight.org) not only lets you take a tour of the jet-assembly plant, but also participate in interactive activities such as virtually designing and testing a jet.

The Bill & Melinda Gates Foundation Visitor Center (gatesvc.org), across from Seattle

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Mercer Slough Nature Park (ci.bellevue.wa.us/parks_intro.htm), along Lake Washington in Bellevue, has land trails and a water trail, an environmental-education center, a blueberry farm, guided nature walks and canoe tours. Bellevue also has a **new zip tour** (bellevuezip.com).

Center, features exhibits that tell the stories of work being done to improve people's lives. Many exhibits are interactive, such as one in which you can lift a 16-pound water bucket and think about what it would be like to carry water to your home each day. The visitor center also suggests actions each person can take to make a difference. Special events are held throughout the year. Admission is free.

Harbor WildWatch (harborwildwatch.org), in Gig Harbor, southwest of Seattle, provides environmental education and seeks to inspire stewardship of Puget Sound via interpretive programs such as Get Your Feet Wet, Explore the Beach and Pier into the Night.

The Living Computer Museum (livingcomputermuseum.org), south of downtown, is dedicated to the history of the computer and computing milestones. The displays include many that people can interact with, including playing vintage computer games such as *Donkey Kong* and *Pong*.

Marina Park (kirklandwa.gov), on the shore of Lake Washington in Kirkland, has amenities such as a beach, a dock, a boat launch, a fishing area, a pavilion where live music is performed, and public art. It's one of the nearly 50 sites overseen by Kirkland Parks & Community Services, including nearby **Peter Kirk Park**, whose amenities include a heated outdoor seasonal pool.

Marymoor Park (kingcounty.gov/recreation/parks), along the Sammamish River near Redmond, has amenities such as birding trails, tennis courts, a velodrome, an airfield for flying remote-controlled model aircraft, a climbing rock, a concert venue and the early-1900s Clise Mansion.

Mount Rainier National Park (visitrainier.com) and the surrounding area feature activities such as hiking, biking, fishing, horseback riding, mountaineering and scenic drives. Other nationally designated sites include **Klondike Gold Rush National Historical Park—Seattle Unit**, **Mount St. Helens National Volcanic Monument**, the **North Cascades National Park Service Complex** and **Olympic National Park** (see nps.gov for more information).

The Museum of Glass (museumofglass.org) in downtown Tacoma focuses on contemporary glass art, with top glassblowing artists

from around the world demonstrating their expertise in the museum's Hot Shop. The exhibit "Coastal Alchemy" continues through January 18. An exhibit about the Irish glass-art industry is on view through September 1.

The Museum of History and Industry (mohai.org), located at Lake Union Park, highlights the history of the Northwest, with more than 4 million intriguing objects in its permanent collection. The traveling show "Chocolate: The Exhibition" will be at the museum June 14–September 28. The Lake Union area also includes **The Center for Wooden Boats**, **The Electric Boat Company**, **Northwest Outdoor Center** (kayak and SUP

rentals/classes), shops and restaurants, such as celebrated local chef Tom Douglas' **Cuoco**.

Nightlife (visitseattle.org): The numerous options include the **88 Keys Dueling Piano and Sports Bar**; **The Barrel Thief** wine and whiskey bar; the **Cowgirls Inc.** dance saloon; **The Crocodile** live-music venue; **The Parlor Bellevue** billiards and comedy club; **The Triple Door**, for live music; and **Unexpected Productions'** theatresports and improv.

Tours of Pike Place Market offered by various companies include a **history-themed tour** (publicmarkettours.com), the **Market Ghost Tour** (seattleghost.com); **Savor Seattle Food Tours** (savorseattletours.com), **Seattle Bites**

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Food Tours (seattlebitesfoodtours.com) and **Seattle Food Tours** (seattlefoodtours.com).

Ride the Ducks of Seattle (ridetheducksofseattle.com) features tours of Seattle by land and water in WWII amphibious landing craft, with sites including Pioneer Square, Gas Works Park (added to the National Register of Historic Places last year) and the *Sleepless in Seattle* floating home.

The San Juan Islands (visitsanjuans.com), about 80 miles north of Seattle, provide a relaxing, scenic getaway option—with recreation ranging from whale-watching and kayaking to cycling and hiking—that can be reached via a drive/state ferry, or the Victoria Clipper or Kenmore Air.

The Seattle Pinball Museum (facebook.com/pages/Seattle-Pinball-Museum/131237786915560), in the Chinatown-International District, features about 50 machines dating from the 1960s to 2014. Museum visitors are allowed to play all of them.

The Seattle Art Museum (seattleartmuseum.org) includes the main downtown Seattle location and the **Asian Art Museum** in Volunteer Park east of downtown, in addition to the outdoor **Olympic Sculpture Park**. “Miró: The Experience of Seeing” is on display at the downtown location through May 26. At the Asian Art Museum, “Deco Japan: Shaping Art and Culture, 1920–1945” will be on display May 10–October 19. At the Olympic Sculpture Park, installation of a major new addition is expected to be completed by the end of May. Titled *Echo* (2011), shown at right, the 46-foot-tall figurative sculpture by renowned Spanish artist Jaume Plensa depicts the mountain nymph from Greek mythology.



SEATTLE ART MUSEUM, BARNEY A. EBSWORTH COLLECTION © JAUME PLENSA; PHOTO: JAMES ERWIN

Smith Tower (smithtower.com), completed in 1914, is one of Seattle’s most famous buildings. The Observation Deck on the 35th floor of the structure is open to the public and provides a view of many landmarks.

Bill Speidel’s Underground Tour (undergroundtour.com) is a walking tour combining history and humor. Visitors learn about late-19th century life in Pioneer Square—the city’s first central business district—and see subterranean storefronts that were near sea level before civic leaders raised the street as part of rebuilding after the 1889 Great Seattle Fire. A sister tour, the **SubSeattle Tour** (subseattletour.com), *Continued on page S45*



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BY MICHELE ANDRUS DILL

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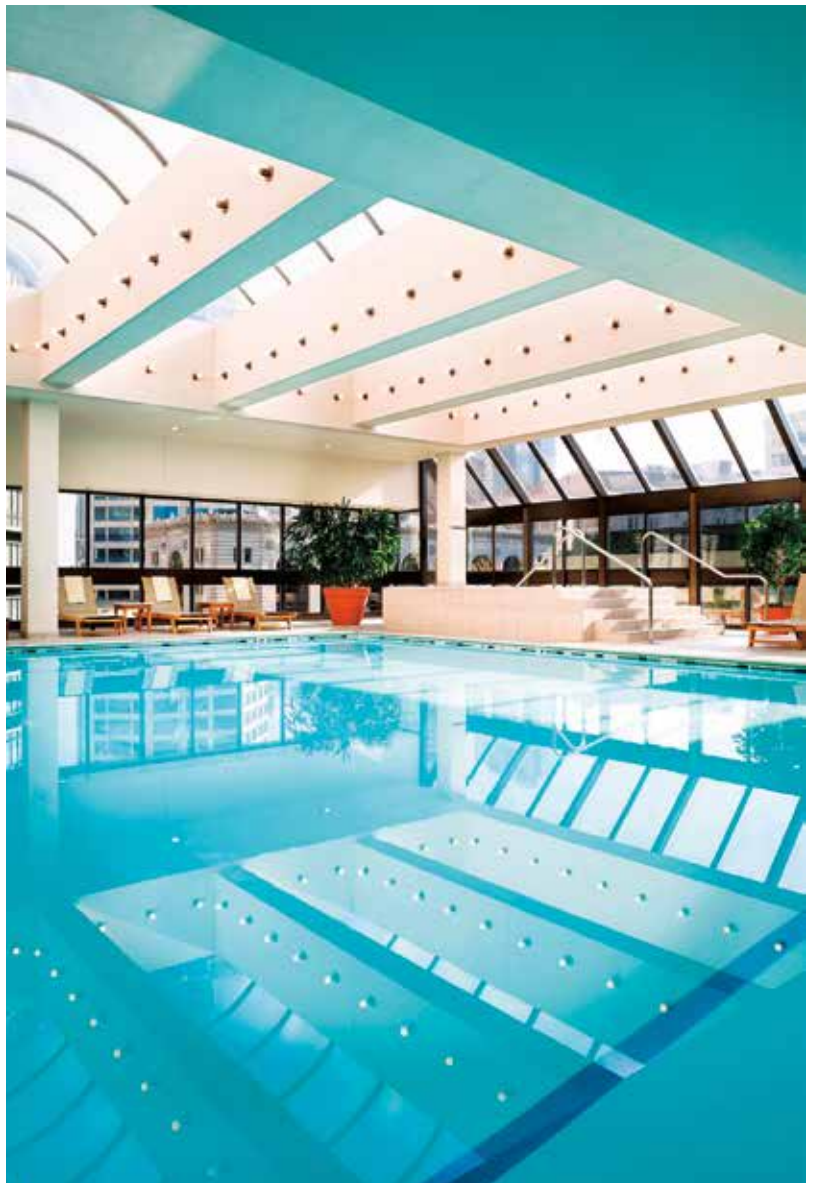
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Below: The relaxing lobby at Hotel 1000. Right: The indoor pool and whirlpool at The Westin Seattle.



All three are in downtown Seattle's retail/entertainment/business district, and less than a mile from attractions such as the Seattle Art Museum, Benaroya Hall, The 5th Avenue Theatre, The Paramount Theatre and the Washington State Convention Center.

Hotel 1000, a boutique hotel that recently introduced a new spa menu and an attractively priced \$15 to \$35 per day Pop-up Office option, is also just 3.5 blocks from historic Pioneer Square, and two blocks from the Seattle waterfront and the ferry terminal. Inn at the Market, a boutique hotel remodeled this year as it prepares to celebrate its 30th anniversary in 2015, is a serene oasis amid the bustle of famous Pike Place Market, and it is also near the waterfront. The Westin Seattle, which completed a remodel last year, is about a block from Westlake Center, where you can shop, dine and board the Seattle Center Monorail to be transported almost to the foot of the Space Needle.

HOTEL 1000,
1000 First Ave., 877-315-1088;
hotel1000seattle.com

In the inviting lobby of the luxury hotel, a front desk greeter named Chelsea is offering guests complimentary sparkling wine or cider as they check in. "What a nice way to start our anniversary-celebration weekend," my husband, Michael, comments. Chelsea

also explains that the fitness room/dry sauna are open 24/7 and that the VoIP phone calls from the guestrooms are free to any place in the world. "Plus, there's free high-speed wireless Internet access throughout the hotel," she says.

We knew the contemporary property had a lot of high-tech attributes, including two golf simulators in a space known as The Golf Club, and we're discovering it has notable high-touch features, as well. We sip our "welcome" drinks while relaxing on a plush cocoa-colored lobby couch and admiring the space's warm zebra-wood paneling, fresh flower arrangements and glass-bamboo sculpture by Seattle glass artist J.P. Canlis.

In our guestroom, whose decor includes soothing hues of gold and green, the high-tech/high-touch combination continues. The Do Not

Also Notable:
Studio 1000 lounge,
with a gas firepit, and
the Library, with a gas
fireplace, where compli-
mentary A.M. coffee and
tea are served.

(LEFT) COURTESY: HOTEL 1000; (RIGHT) COURTESY: THE WESTIN SEATTLE

Disturb and Housekeeping alerts are electronic. The screen of the flat-screen TV greets us by name. An electronic shade provides privacy in the bathroom, which includes a freestanding two-person soaking tub—with a rubber ducky perched on the rim.

After freshening up, we slide into a booth at BOKA restaurant + bar for our anniversary dinner. The restaurant's menu is globally and seasonally inspired, and sourced by West Coast providers focused on sustainability. The wine list pays tribute to Northwest appellations, along with some noteworthy selections from France and Italy.

Entertained by lighting that moves through a rainbow of colors in the hip space, we savor courses such as juicy, slightly smoky, certified-organic pork belly from Skagit River Ranch in Sedro-Woolley, Washington, and succulent braised lamb shank from Cattail Creek Lamb in Junction City, Oregon. Each dish is delicious and innovative. For instance, the lamb shank is served with organic cacao jus from Seattle's Theo Chocolate.

The next morning we play one of the golf simulators, selecting Australia's Royal Melbourne Golf Club from a list of more than 50 global choices. Sadly, I'm no better on a virtual course than a real one, but we have a good time, and while I'm trying to sink my

A weekday Pop-up Office with use of a large desk (bring your own devices) in Hotel 1000's meeting space, with snacks and drinks, plus valet parking and lunch if desired, is a popular option.

putts, Michael enjoys gourmet BOKA snacks such as grilled flatbread, ahi tuna *poke* and truffle fries.

Too many strokes per hole can give a gal some aches and pains, so I'm glad we booked a post-round couple's massage from the tranquil Spaahh's new menu. "Your muscles are really tight," my therapist, Holly, murmurs as she rubs in Icelandic Moonflower oil created by the Red Flower company. "Yes, I needed this," I whisper. I don't hear a word from Michael. I think he must have fallen asleep while therapist Jamie worked on releasing the tension in his back.

After our treatment, a Spaahh staff member invites us to lounge in the relaxation room because the hotel has something special for us. "Happy anniversary!" she calls as she brings in red velvet cheesecake, topped with brûléed figs and white chocolate. "Everyone gets a little treat if we



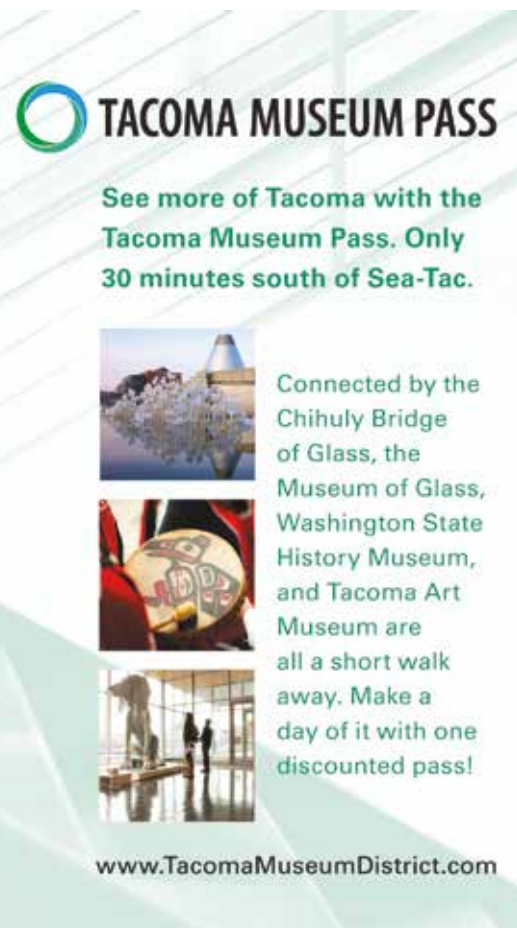
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know it's a special occasion. Would you also like complimentary champagne?"

Michael and I feel truly feted as we savor the rich cheesecake, feeding each other as we did at our wedding reception. "Yet another special Hotel 1000 touch," I enthuse, as we exchange delectable bites.

Rates start at \$249; 120 rooms (all with robes and slippers); Puget Sound-view rooms available; complimentary business center; 9,100 sq. ft. of meeting space; TripAdvisor 2014 GreenLeaders recognition; member of Preferred Hotels & Resorts and part of the Personal Luxury Resorts & Hotels portfolio.


INN AT THE MARKET, 86 Pine St., 800-446-4484; innatthemarket.com

"Talk about a view." Michael spreads his arms wide in front of our room's picture windows as if ready to embrace the scene before him, which includes barges, tugboats and ferries on Puget Sound; the red Public Market sign; the Seattle Aquarium; The Seattle Great Wheel; the tops of the Seahawks' and Mariners' stadiums; and the snow-swathed Olympic Mountains.

From our eighth-floor west-facing room and from the fifth-floor garden deck—open to all guests—the view is one of the best in the city. The seascape alone would make us delighted with our lodgings, and it's complemented by the hotel's renovation, which includes new custom furniture, such as reclaimed-wood work desks; custom-woven carpets; and Italian-tile bathrooms with walk-in showers

and vessel sinks. New windows are designed to better showcase the views, which for interior rooms feature a charming courtyard with a fountain and benches. Guestroom remodels are scheduled to be completed this month, and the rest of the hotel by February.

The goal of the remodel is "modern ambiance and gracious style" that evokes the natural colors and light of the Northwest, such as hazelnut, cerulean blue and amber. The overall effect is airy and peaceful. The soundproofing must be good, too,

 **Also Notable:**
Guests can purchase a \$15 day pass to Seattle Athletic Club, and in-room massages can be arranged.



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since within our room we hear nary a sound from the market activity surrounding the inn. "This place is a find," Michael says.

The pleasure of exploring the market finally lures us from our window. We taste local produce, and wander into shops such as The Spanish Table, Oriental Mart, Saffron Spice and Bavarian Meats. On a street corner, a bearded guitarist simultaneously strums the strings, plays the harmonica and keeps a hula hoop going. Then he balances the guitar on his head and plays the instrument's neck while singing what he introduces as "the saddest blues song you ever heard."

"Oh, no ... broccoli ... for dinner ... again. ..." he mourns soulfully.

We like broccoli, and wouldn't mind it for dinner, but it originated in the Eastern Mediterranean and Asia Minor, according to an Internet search, and our plans tonight are to travel to France by way of Cafe Campagne, one of the three market restaurants where you can charge your meal to your Inn at the Market room.

The cozy, Parisian cafe-like restaurant has a four-page wine list, with selections from top European wine regions as well as the Northwest. The mineral water is Saint Geron, from France's Auvergne region.

We start our meal with hearty but not heavy carrot soup; firm yet tender calamari sautéed in olive oil, garlic, parsley, capers and lemon; and crisp market greens. My marvelous main course is a juicy pan-roasted hanger steak with sautéed spinach and pommes frites, and Michael graciously parts with a sample of his moist, pan-roasted chicken. We make plans to return and try the signature cassoulet.

As we're lazing in the hotel lobby the next morning—viewing artwork by Northwest masters Guy Anderson and Kenneth Callahan, and working up the willpower to depart—we see General Manager David Watkins and express our pleasure at the inn's ambiance and location.

"Yes, guests tell us they can go to an exhibit at the Seattle Art Museum, shop at the market's specialty stores, come back and have dinner at Cafe Campagne, and feel like they've been around the world," he agrees.

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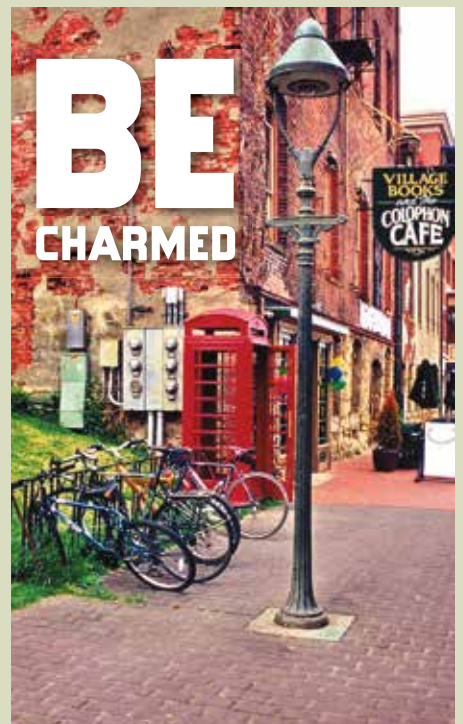
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Stencil-like words projected onto the bronze-colored carpet near the concierge desk at the Westin invite us to “Play Well.” Near the hotel’s Relish restaurant, which opened last year as part of an extensive remodel of the two-tower property, we see the phrase “Eat Well.”

“Work Well,” “Feel Well” and “Move Well” are projected near the row of front desks, while words near the elevator encourage us to “Sleep Well.”

The Westin prides itself on supporting healthy lives, with the overarching goal that guests “Be Well.”

Michael and I start with “Feel Well,” our spirits immediately lifted by our high-floor guestroom with its view of Puget Sound and the Olympic Mountains, the Space Needle, and the Seattle Monorail zooming by on the track below.

The Heavenly Bed in our accommodations—whose renovation included nature-inspired hues designed to create a balance of energy and calm—promises that we will sleep well.

I sit in the ergonomic chair at the long desk to review a guest-services booklet that describes room-service options such as “Super Foods Rx dishes.”

Inspired by the wellness idea, Michael suggests we work out before dinner in the two fitness studios. One has a large array of equipment (plus cold neck towels); the other, weights, mats and balls. Then we enjoy a swim through the silky-smooth water of the heated indoor pool and a soak in the nearby whirlpool.

We play well before dinner by challenging each other with trivia questions in the large lobby, whose picture windows provide people-watching entertainment. Guests

with laptops and smartphones take advantage of the complimentary lobby Internet access or chat at the long lobby bar.

Michael and I also have a great view of pedestrian traffic from our seats at Relish, where we order a mix of healthy and indulgent dishes: fresh tossed greens and crispy calamari; charred Brussels sprouts and sweet potato fries; grilled steelhead salmon and the Relish Signature Burger, topped with onion rings, bacon and Beecher’s peppercorn cheese.

We sleep so well in the Heavenly Bed that

we’re startled when the alarm goes off. “They’re going to have to kick me out,” announces Michael as he slinks back under the sheets.

I cajole him into getting up because before our stay we arranged to rent from the hotel, for just \$5 each, New Balance shirts, shorts,

socks and shoes (we get to

keep the socks), which were waiting for us in our room when we arrived. “Come on—three-mile power walk to and from the Olympic Sculpture Park and Myrtle Edwards Park—the concierge gave us a map,” I remind my spouse.

Within a few blocks of the hotel, we’re in our outdoor-exercise groove. “This is invigorating. This is a great way to spend a morning,” Michael remarks as we boost cardio fitness amid views of Elliott Bay and works of contemporary art.

When we return the map to the concierge, she’s full of positive reinforcement. “Here’s two towels and bottled waters, and an encouraging pat on the back—way to go!” she says. During this stay at the Westin, we’re doing very well, indeed.

Rates start at \$189; 891 rooms (all with slippers, most with robes); in-room spa treatments available; fee-based business center (free boarding pass printing); 47,500 sq. ft. of meeting space; green practices and initiatives recognized by the Green Key and iStayGreen programs; part of Starwood Hotels & Resorts. S

Michele Andrus Dill is the senior editor of Alaska Airlines Magazine.

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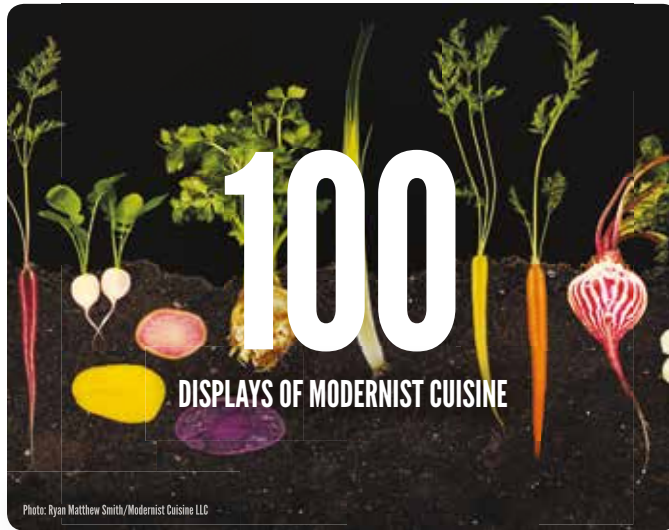
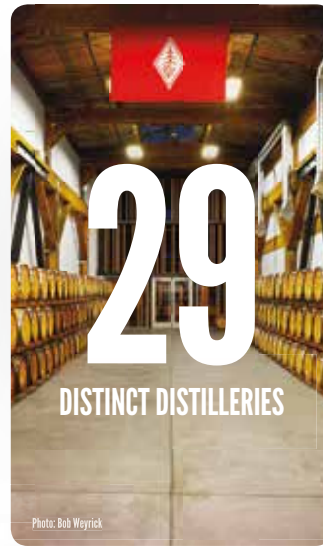
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DYNAMIC DISHES

BY PAUL CLARKE

Seattle is known for culinary creativity, and the region's dynamic food scene continues to grow and develop. From highly anticipated downtown debuts to intriguing options in other neighborhoods, here are four restaurants worth adding to your Seattle-area itinerary.



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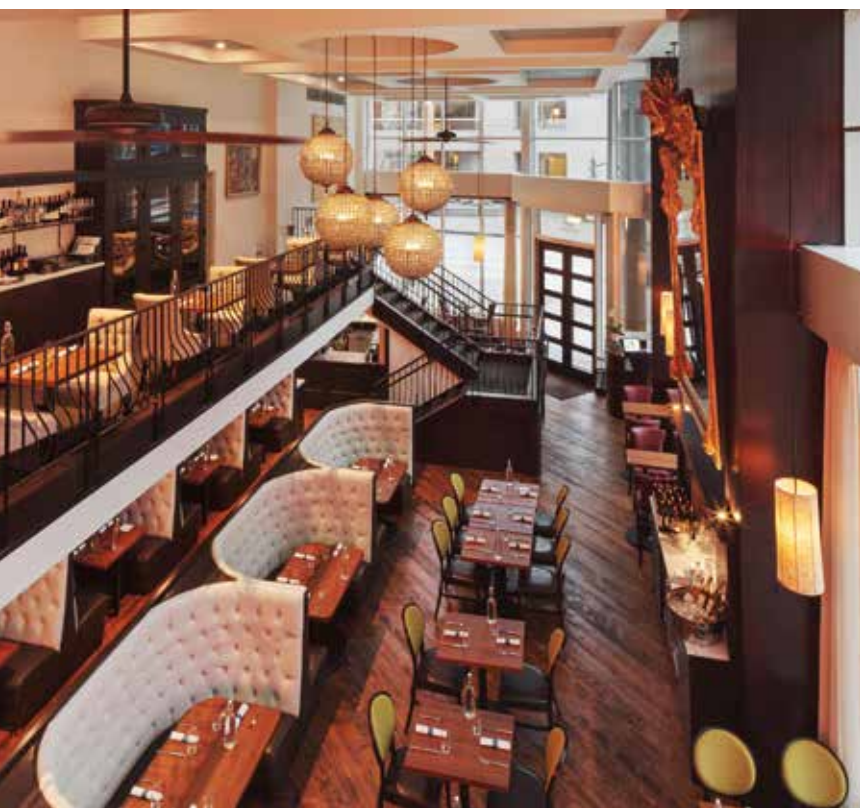


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Above: Creative sushi cones from Joey Kitchen. Left: The appealing dining room at Loulay. Below: Bone-in rib-eye with asparagus from Woodman Lodge Steakhouse & Saloon.

MILLER'S GUILD, 612 Stewart St., 206-443-3663; millersguild.com

It's a crisp evening in downtown Seattle as a sunny spring day turns to night, but we're warmed by the blazing Inferno at Miller's Guild. The nine-foot-long wood-fired grill is not only the focal point of the restaurant—guests can sit at a 16-foot-long maple counter to enjoy the display—but it's also at the heart of the nose-to-tail menu offered by James Beard Award-winning chef/partner Jason Wilson, whose Crush restaurant in Seattle will celebrate its 10th anniversary next year.

Wilson's cuisine is enhanced by selections from a wine list that is as global as it is formidable—not surprising, considering that renowned sommelier Jake Kosseff is the managing partner in the restaurant.

Since the restaurant's December debut in Hotel Max, Miller's Guild has attracted a steady stream of locals and out-of-town visitors to sample the steaks, chops and seafood arrayed above the Inferno's glowing coals on a system of crank wheel-adjusted grills, along with meats and vegetables braised in covered metal dishes nestled amid the hot cinders.

The restaurant's rustic-modern decor reflects the kitchen's reliance on wood, as—surprisingly—does the bar menu. Created by Alex Negranza and Bex Karnofski, it includes drinks featuring products from local distilleries—gin, vodka and other spirits—that have been oak-aged in-house, the barrels on display above the bar.

My wife, Leonora, and I settle in at the counter to watch the kitchen team as we start with cocktails. I order a Golden Age—a mixture of cask-aged gin with robust Italian vermouth and a bitter French aperitif—while Leonora sips a Haymaker's Punch, with rum and a tart ginger-apple shrub.

From the dinner-menu choices, we see that even appetizers and vegetable courses find their way to the massive grill, and we start with coal-roasted beets that are balanced with the fresh flavors of dill, mint and horseradish cream. We also share a salad of shaved kale—bearing the crispness and smoke of a brief encounter with the grill—that is enriched with merguez sausage, hazelnuts and currants, and brightened with lemon and mint.

Miller's Guild also has plenty of vegetable options,



(CLOCKWISE FROM TOP LEFT) SPIKE MAFFORD; COURTESY; JOEY KITCHEN; RINA JORDAN

but the restaurant is particularly well-gearred for carnivores—the whipped lardo that accompanies a plate of focaccia even brings the bread course into the scheme—and we discover the chef’s mastery of meat with the arrival of our entrees. My smoky, tender, 75-day dry-aged prime New York steak, sourced from California’s Niman Ranch, is accented with bright spices

 **Also Notable:**
Offers 75-day dry-aged prime Niman Ranch bone-in rib-eye service for two.

and accompanied by housemade “motoraioli,” featuring drippings from meat and veggies on the grill. Leonora’s savory beef short ribs from Niman Ranch are played against a preparation of horseradish and tart yuzu. For accompaniments, the earth-

iness of roasted and smoked maitake mushrooms is complemented by a puree of sweet onion and a *sous vide* soft-cooked egg. A decadently rich side of Gruyère mashed potatoes is another noteworthy option.

The mighty flavor tones of the entrees have a foil in the delicate and sometimes playful dessert menu, with options including a “Snickers Bar” of chocolate cake and salted caramel mousse, and a PB&J bread pudding prepared with a housemade doughnut, raspberry sauce and vanilla ice cream.

The food at Miller’s Guild is big and bold—the kind of flavor muscle that’s a welcome addition to

Seattle’s restaurant culture. In the summer, outdoor-patio dining is available, for those seeking a breeze or sun-generated warmth.

LOULAY KITCHEN & BAR, 600 Union St., 206-402-4588; thechefinthehat.com/loulay

Tuesdays are typically a slower night for restaurants, but when we step into the dining room at Loulay, the restaurant’s energy makes it feel like the week has fast-forwarded to Friday.

Since opening in December at the Sheraton Seattle Hotel, Loulay has brought the flavor of small-town France to downtown Seattle. Named for Saint Hilaire de Loulay, the hometown of chef-owner Thierry Rautureau, Loulay is a lively and expansive space that combines culture and comfort. An enormous chandelier hangs from the 25-foot-high ceiling; a massive 11-by-7 gilded mirror adorns one wall; and it seems like Rautureau’s signature fedora can be seen all around the dining room as he moves among the tables, greeting guests both longtime and new.

There are plenty of the former—Rautureau, a James Beard Award winner, is a Seattle institution, with his now-closed restaurant Rover’s having served guests for a quarter century, and his other venture, the bistro-style Luc, remaining a local favorite. With

the downtown debut of Loulay, he is adding another layer to his already impressive fan base.

Leonora and I take our seats on a curving white-leather banquette and sip a Waitsburg Cellars' lively Chenin Blanc, from southeastern Washington, as we consider the extensive menu, filled with dishes designed for sharing. We embark with a plate of oysters, served with a classic mignonette and two inspired variations: The first is prepared with ruby pomegranate seeds, and the second has Vietnamese flourish, with fish sauce, tomato and a flash of chile heat. We follow the oysters with a grilled-endive salad in which the sweetness of caramelized apple is countered by the tart tang of a mustard-thyme vinaigrette.

For the second course, we opt for the simplicity of seared white polenta that's given depth with wild mushrooms and a vegetable demi-glace, plus a snap of salty richness via a Parmesan crisp. Our other second-course selection is tender pappardelle supporting a luscious mixture of braised rabbit, trumpet mushrooms, cipollini onions and bitter mustard greens.

I switch gears to a floral Loire Valley Cabernet Franc in preparation for my main course, a dish of duck served three ways: slices of seared breast, leg confit and savory duck sausage. The duck is accompa-

Rautureau is called "the Chef in the Hat" because his wife and co-owner, Kathleen, gave him a fedora for Christmas many years ago. When Rautureau entered Rover's with the fedora on, a diner said, "Look, it's the chef in the hat."

nied by a demi-glace enriched by a cassis puree, and a side of flageolet beans.

Leonora's albacore tuna is a lesson in the artistry of nuances—the delicately flavored fish served with celery-root puree and the gentle umami nudge of miso nage.

The dessert menu provides plenty of opportunities to indulge, including a warm pear tart Tatin with buttermilk ice cream or a crème caramel with toasted meringue and streusel, but during one of his pauses at our table, Rautureau tells us about a personal favorite, and that's what we order.

The Chef's Hot Chocolate is a deep and rich cup of simple chocolate, served with a slender stick of toasted brioche. The chef instructs us to spread salted butter on the brioche and then dip the brioche into the drink—comfortable, yet indulgent, and a summary of the Loulay experience in a single dish.



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WOODMAN LODGE STEAKHOUSE & SALOON, 38601 SE King St., Snoqualmie, 425-888-4441; woodmanlodge.com

The scenic Snoqualmie Valley, in the Cascade Range foothills east of Seattle, is a popular recreation destination, with golf courses, hiking trails, a spectacular waterfall and even a train museum.

Located in a 1902 building in the heart of the city of Snoqualmie, about 30 miles east of Seattle, Woodman Lodge pays tribute to the pioneers who helped settle this valley, laying railroad tracks through the mountains, mining coal, constructing power plants and harvesting timber for the growing community. At the time the restaurant's building was constructed, Snoqualmie was one of the world's most productive timber regions, and the lodge was built to house a fraternal order of woodmen.

Photos of early lodge members—with handlebar moustaches, and holding axes while dressed in early 1900s lumberjack finery—adorn the restaurant's walls, and the period decor is reinforced by the hammered-tin ceiling and assorted mounts of wildlife taxidermy, ranging from a chinook salmon on one wall to a grizzly that keeps watch over an upstairs dining room.

The restaurant blends upscale neighborhood lounge

with destination steakhouse, and a menu featuring steaks, ribs and Northwest seafood such as Alaska sea

scallops also regularly includes wild game. Given the number of diners here on a busy Friday night, it's clear the menu is well-received.

We start with a steakhouse classic: a wedge salad, made from a half head of romaine lettuce that's flash-charred on the grill, drizzled with blue cheese and strewn with crunchy bacon.

Leonora considers the porcini-crustured half chicken with sautéed wild mush-

Also Notable:
Serves Montana grass-fed-buffalo rib-eye, as well as bacon-wrapped elk medallions.

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rooms before deciding on beef. Her prime rib, tender and silky, arrives with spicy horseradish and a fragrant mound of rosemary fries.


I've followed the waiter's recommendation and opted for the evening's wild-game special: a rack of mustard-crusting wild boar. The robust spice of the seasoning balances the lean earthiness of the meat, and the accompanying glass of St. Supéry Cabernet, one of the many wine choices, provides an additional flourish of flavor.

Having started our meal with a classic steakhouse salad, we finish it in a similar comfort-food manner—with a dark and rich molten chocolate cake.

JOEY KITCHEN AT UNIVERSITY VILLAGE, 2603 NE 46th St., 206-527-6188; joeyrestaurants.com/kitchen-at-university-village

The University Village shopping center, in the University District north of downtown Seattle, has long been a gathering place for Seattle-area residents, and the center's recent expansion—which includes the opening of Joey Kitchen—has further bolstered University Village's appeal.

Restaurants owned by the Vancouver, British Columbia-based Joey Restaurant Group are

 **Also Notable:**
Joey Restaurants
Executive Chef Chris
Mills has twice
presented dinners at
the James Beard
House.

longtime staples of upscale casual dining in cities such as Calgary and Edmonton, Alberta, and Vancouver, B.C., and Joey Kitchen—one of three Joey sites in the Puget Sound region—is the designated "test kitchen" for the Seattle-area locations and for the Los Angeles restaurant opening in 2016.

Joey Kitchen features dishes that are under development before being introduced to a wider audience, giving diners an early opportunity to taste the restaurant's newest creations and offer feedback.

A large, open kitchen occupies one end of the restaurant's clublike space,

with line chefs working grills and stations in view of the dining room. At one end of the line, a sushi chef cuts morsels of fresh fish.

Leonora and I sit at a bistro table near the sushi station (there is also a separate dining room), and she sips a Pimm's Cup sweetened with limoncello and vodka, and fizzed with ginger ale, while I have a glass of Precept Wine's Columbia Valley Cloud Cap Pinot Gris. It's served on tap as part of the restaurant's Barrel Fresh program, which includes red and white wines by the glass from a special keg system designed to ensure freshness.

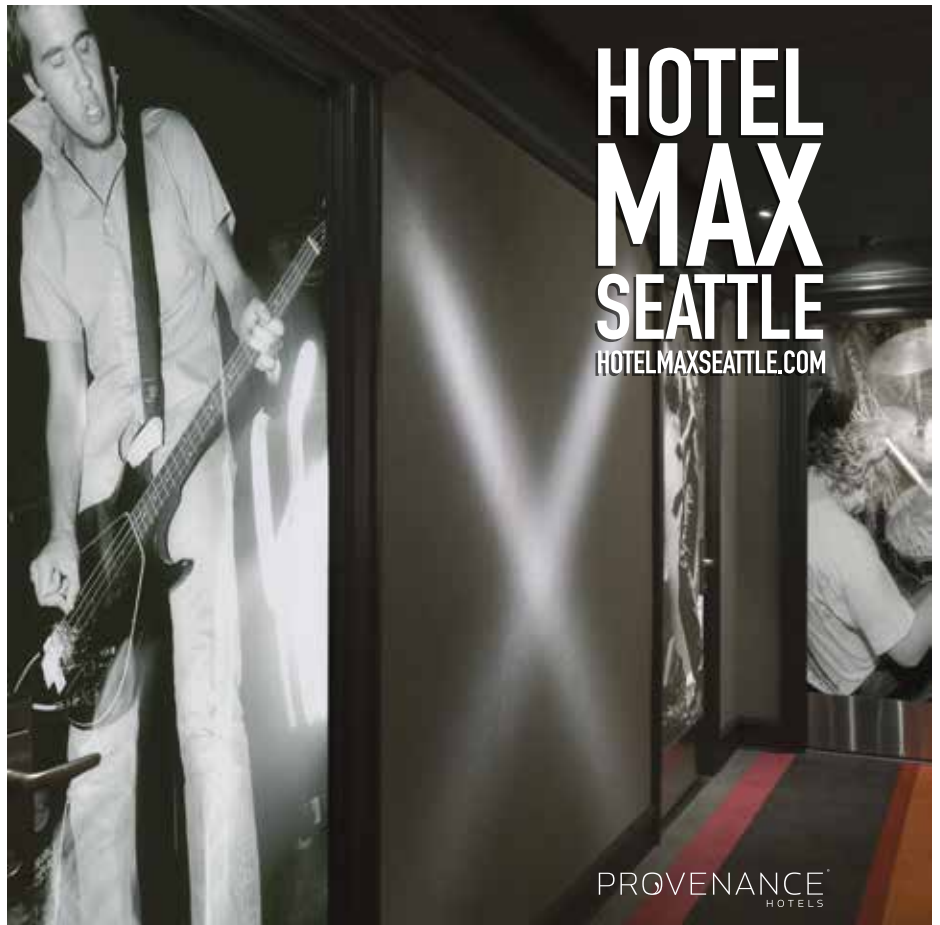
The menu is a mix of casual classics—burgers, steaks, sandwiches and pastas—and fare that takes a range of creative and often international directions. We start with tender gyoza filled with minced pork and vegetables, enlivened by hot mustard, with satisfying depth from soy broth. The wonderful test-kitchen starter of tuna tataki comprises seared ahi, sliced and served atop a nest of julienned carrot and green papaya, and drizzled with a tart yuzu dressing, with accompanying avocado slices, cubes of mango and slivers of serrano chiles.

A duck-prosciutto sandwich comes with the gentle sweetness of teriyaki sauce—a sweetness echoed by the sandwich's fruit-nut bread. The saltiness of the prosciutto underscores the duck's savory elements.

We take another international turn with an aromatic dish of Indian butter chicken. The cubes of tender chicken swim in a rich, red tomato broth dotted with a dollop of yogurt, and the dish is served with fragrant rice cooked with almonds and currants, as well as a slice of grilled naan.

Apple pie and chocolate soufflé are among the dessert options, but the sunny weather outside encourages us to order the key lime pie—the fruit's tangy brightness piercing through the indulgent spoonfuls of vanilla whipped cream. **S**

Writer Paul Clarke lives in Seattle.





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Continued from page S22 is done by bus and provides a look at “offbeat neighborhoods and sights.”

Stadium tours of CenturyLink Field, home of the Seahawks and Sounders FC (centurylinkfield.com/tour-centurylink-field), and **Safeco Field, home of the Mariners** (seattle.mariners.mlb.com/sea/ballpark/safeco_field_tours.jsp), provide a behind-the-scenes look.

U.S.S. Turner Joy (ussturnerjoy.org) on the Bremerton waterfront, west of Seattle, is a Vietnam War-era destroyer maintained as a museum. Visitors can explore almost the entire ship.

The University of Washington (washington.edu/discover/visit), north of downtown, was the site of the 1909 Alaska-Yukon-Pacific Exposition. University performing-arts events and museums are open to the public, including the **Burke Museum of Natural History & Culture** (burkemuseum.org). Founded in 1885, the Burke Museum is Washington’s oldest; its collection includes more than 15 million specimens and artifacts.

Through October 26, the museum is presenting “Imagine That: Surprising Stories and Amazing Objects from the Burke Museum.” The university’s **Waterfront Activities Center** rents canoes and rowboats to the general public for paddling Lake Washington and Washington Park Arboretum waterways.

The Washington State History Museum (washingtonhistory.org) in Tacoma, with roots going back to 1891, has excellent living-history exhibits that bring the past to life. The permanent “Great Hall of Washington History” features many interactive displays, such as a video journey down the Columbia River and a computer station where you can learn Native words.

The Wing Luke Museum of the Asian Pacific American Experience (wingluke.org), a National Park Service “affiliated area,” gives visitors the opportunity to view spaces such as the kitchen and Mahjong room in the historic 1910 hotel where many immigrants first found shelter in America. The museum, located in the heart of Seattle’s Chinatown-International District, also offers guided walking tours, such as the **Touch of Chinatown**

Tour and the **Songs of Willow Frost Tour**, based on Jamie Ford’s newest novel. Current exhibits include “Grit: Asian Pacific Pioneers Across the Northwest,” through October 19.

Woodinville Wine Country (woodinville-winecountry.com), northeast of downtown Seattle, is home to more than 100 wineries and tasting rooms. A self-tour map is available, and so are guided tours. Special events in Woodinville Wine Country include the **Chateau Ste. Michelle Summer Concert Series** (ste-michelle.com), featuring big-name artists, and the **Celebrate Woodinville Summer Event Series** (celebratewoodinville.com), including concerts. Other attractions include the **Adventura Aerial Adventure Park** (climbing course, aerial trekking, at-height obstacle course; adventuraplay.com); **Redhook Brewery tours** (redhook.com/breweries/woodinville-brewery); and **Woodinville Lavender** (with seasonal U-cut opportunities; woodinvillelavender.com).

—Michele Andrus Dill & Madison Cavell



RYAN HAWK / WOODLAND PARK ZOO

Woodland Park Zoo (zoo.org), in Seattle’s Green Lake neighborhood, presents about 1,000 individual animals representing more than 300 species from around the world. The zoo is opening a new cheetah exhibit with two female cheetahs, May 1, while three jaguars (shown above) that celebrated their first birthday in March will be on display until they go to new zoo homes. The zoo’s four new Asian small-clawed otter pups, born in January, have joined their parents and four older brothers (named Sherman, Thomas, Chancellor and Maxwell in honor of the Super Bowl-winning Seahawks lineup) on view in the Bamboo Forest Reserve. **Zoo-Tunes concerts** take place June through August each year.

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SEATTLE



Alaska Airlines flight attendants perform a dance during a past Torchlight Parade.

Alaska Airlines Seafair Torchlight Parade

The Alaska Airlines Seafair Torchlight Parade will be a signature event during the 65th-annual Seafair celebration this year. Taking place July 26, the parade will include giant balloons, clowns, equestrian units, pirates and bands, along with drill teams representing local communities.

The parade will start at 7:30 P.M. at Seattle Center and march a 2.5-mile route along Fourth Avenue to the Pioneer Square neighborhood. Related events on July 26 will include FanFest, with float displays, entertainment, booths and free vendor samples at Seattle Center from noon to 6 P.M., and the 8K and 5K Torchlight Run at 6:30 P.M. along the parade route.

The Seafair summer celebration also includes events such as the Seafair Pirates Landing at Alki Beach; a triathlon; a milk-carton derby; an SUP competition; the Miss Seafair Scholarship Program for Women Coronation; Fleet Week, with its Parade of Ships, July 30–August 3; and Seafair Weekend, August 1–3, with exciting hydroplane racing and an air show featuring the U.S. Navy Blue Angels. Contact: 206-728-0123; seafair.com. —*Michele Andrus Dill*

BURGEONING SPORTS TOWN

Sports fans will find a variety of options in the Emerald City. The following is a look at Seattle's leading professional sports teams. —*Jeff Bond*

Seattle Mariners (mariners.com)

The Mariners made one of the biggest splashes in Major League Baseball this off-season by signing All-Star second baseman Robinson Canó, above, who will join Cy Young Award-winning pitcher Felix Hernandez in leading a young and talented roster.



Seattle Sounders FC (soundersfc.com)

Superstars Clint Dempsey, left, and Obafemi Martins, who both joined the team in 2013, are expected to create plenty of excitement and help the Sounders make a run at qualifying for the MLS playoffs for the sixth consecutive year in 2014.



Seattle Seahawks (seahawks.com)

Following their 2014 Super Bowl victory, the world champion Seattle Seahawks hope to contend for a second Super Bowl ring in the upcoming season. While free-agent departures have cost the team important players, safety Earl Thomas and cornerback Richard Sherman are expected to anchor one of the NFL's best defensive squads, and quarterback Russell Wilson, left, will lead a potent offense that includes running back Marshawn Lynch and wide receiver Percy Harvin.



Seattle Storm (wnba.com/storm)

Star Lauren Jackson will be out for the season, leaving veteran point guard Sue Bird, left, to lead a Storm

team ready to rebound from a 17-17 season in 2013. The Storm added scoring ability and veteran presence by acquiring All-Star forward Crystal Langhorne from the Washington Mystics. Langhorne should add strong post play during Jackson's absence. The Storm's home opener will be May 16 against Los Angeles.



Seattle Reign FC (reignfc.com)

With a retooled roster and a healthy Hope Solo, left, as goalkeeper, Reign FC is considered one of the National Women's

Soccer League's most improved teams. The Reign's roster includes U.S. National Soccer Team members Stephanie Cox, Sydney Leroux, Megan Rapinoe and Solo, as well as Scottish National Team star Kim Little.

(CLOCKWISE FROM TOP LEFT) ROD MAR; SEATTLE SOUNDERS; SEATTLE SEAHAWKS; KEVIN C. COX / GETTY IMAGES SPORT; NEIL ENNS / STORM PHOTOS; BEN VANHOUTEN / SEATTLE MARINERS

ROOM WITH A VIEW

For one of the best public viewing areas west of the Mississippi, visit the **Sky View Observatory** on the 73rd floor of the Columbia Center, downtown Seattle's tallest building. Located nearly 1,000 feet above the ground, the observatory offers a 360-degree panoramic vista that not only includes Bellevue, Seattle and Puget Sound, but also offers views of the Cascade Range, Olympic Mountains, and such peaks as Mount Baker and Mount Rainier. Contact: 206-386-5564; skyviewobservatory.com.



The P51-D Mustang at the Flying Heritage Collection.

WORLD WAR II HISTORY

Have you ever wondered what a P51-D Mustang or an M-41 Medium Sherman Tank looks like up close? The Flying Heritage Collection at Everett's Paine Field will give you the chance to view these famous World War II machines. The collection, owned by Microsoft co-founder Paul Allen, focuses on technology from the 1930s and '40s. It includes 22 combat aircraft, three tanks and many other rare World War II artifacts such as a V-2 Rocket. Contact: 206-342-4242; flyingheritage.com.

Northwest Art

The Tacoma Art Museum, which celebrates its 80th anniversary in 2015, presents "A Punch of Color: Fifty Years of Painting by Camille Patha," the first retrospective of the Seattle artist's work since 1979. The exhibit showcases her bright and colorful gestural abstraction style, which will be on display through May 25.

Another special Northwest exhibit at the museum this year is "Photographic Presence and Contemporary Indians: Matika Wilbur's Project 562," which runs May 15–October 5. This work-in-progress is a collection of photographic images of contemporary American Indians by the Seattle-area artist Wilbur, a member of the Swinomish and Tulalip tribes. Her goal is to photograph members of all 562 federally recognized tribes in the United States.

The Tacoma Art Museum, located about 30 miles south of Seattle, includes a permanent collection of more than 4,400 works in a broad range of aesthetic media—from Northwest artist Dale Chihuly's glass collection to Kenjiro Nomura's works depicting Japanese-American internment during World War II, as well as paintings by European masters Degas and Renoir.



Camille Patha's *The Juicier the Berry*.

A photograph of Stephen Yellowtail of the Crow Tribe by Matika Wilbur.



In November, the museum is scheduled to open a new 16,000-square-foot wing. The sustainable and energy-efficient structure will house the Haub Family Collection of Western American Art—about 280 works by artists such as George Catlin and Georgia O'Keeffe—as well as an interactive gallery, sculpture hall and visitor orientation room. Contact: 253-272-4258; tacomaartmuseum.org. —Jordan Ilarde


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For family fun, a trip to Silverwood, the northwest's largest theme park, is a must. Experience over 70 rides, slides, live shows and attractions like massive steel and wooden roller-coasters and Boulder Beach, a 21-acre water park. Whether your visit is work or play, action-packed or luxurious, it's sure to be the destination you'll want to visit again, and again...and again.



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SHOPPING

The Puget Sound area has excellent destinations for finding exactly what you need. Below are a few examples:

The Bellevue Collection, in the city of Bellevue, about 10 miles east of Seattle, features 250 shops, two luxury hotels, more than 25 sit-down restaurants, a 16-screen cinema, a bowling alley and a billiards parlor/comedy club. Some recent store openings at The Bellevue Collection include the world's only Farinaz Taghavi store; the United States' first Ivivva store; and Washington state's first InterMix, Max Mara and OroGold stores. New restaurants include Kaisho and Cactus; bellevuecollection.com.

At **The Bravern**, also in Bellevue, Gucci is scheduled to open an 8,000-square-foot location in July; Moncler is scheduled to open mid-summer; and Hermès is planning to expand to 9,300 square feet in spring 2015. The Bravern offers about a dozen shops, including the Northwest's only Neiman Marcus, along with a gym and top restaurants such as John Howie Steak; thebravern.com.

At the open-air **University Village**, in the University District, north of downtown Seattle, five additional floors of free parking make it even easier to shop at the 100-plus retailers, including 10 new stores and four new restaurants. The shopping center is the only Seattle location for the new stores Bluemercury, Scotch & Soda, Calypso St. Barth, Nike Running and Hot Mama; uvillage.com.

Enjoy shopping before or after your flight at **The Shops at Sea-Tac**, which include nearly 50 eating establishments, such as Anthony's, and about 30 acclaimed retailers, such as ExOfficio; seatacshops.com.

ACCLAIMED FILM FESTIVAL
An African Pictures program, a Films4Families series, a Midnight Adrenaline series and a short-film challenge with the theme "Seattle, I Love You" will be highlights of the Seattle International Film Festival as it celebrates its 40th year of bringing extraordinary films from around the world to the Emerald City. • More than 270 feature films and 160 short films from more than 80 countries will be shown at this year's festival (May 15–June 8), whose sponsors include Alaska Airlines. Festival attendance of more than 150,000 makes SIFF one of the best-attended film festivals in the United States. Contact: 206-464-5830; siff.net.



CALENDAR

Teatro ZinZanni: circus/comedy/cabaret dinner theater. Celebrating its 16th season in Seattle, the theater presents *On the Air*—a trip back to the Golden Age of radio that includes acrobats and music—through June 1. 206-802-0015; zinzanni.com/seattle.

Nordic Heritage Museum, Ballard neighborhood: The exhibit "Danish Modern: Design for Living" features unique Danish furnishings from the 1950s and 1960s,

May 16–Aug. 31. 206-789-5707; nordicmuseum.org.

Northwest Trek Wildlife Park, Eatonville: This 725-acre, 200-plus animal park is open year-round and offers popular tram tours. The park's annual Slug Fest will be June 21–22. 360-832-6117; nwtrek.org.

Northwest Folklife Festival, Seattle Center, May 23–26: Enjoy cultural events, music, dance, film, author readings and lectures.

This year's event includes a celebration of India. 206-684-7300; nwfolklife.org/festival.

Town Hall: Upcoming events include "A Reading with Anne Carson," May 13; "An Evening with Rebecca Solnit," June 5; "The Lake Union Civic Orchestra performs Beethoven, Liebermann & Chagnard," June 13; "Mary Mackenzie: *Pierrot Lunaire* & New Works," June 24. 206-652-4255; townhall-seattle.org.

Skagit Tours, from Seattle City Light: Enjoy a boat tour on spectacular Diablo Lake in North Cascades National Park, 135 miles northeast of Seattle, Thursdays through Mondays, July 3–Sept. 15. Tours include lunch featuring organic and locally sourced ingredients. Other Skagit Tours include North Cascades Explorer Tours and historic Newhalem Walking Tours, all on select dates. 360-854-2589; skagittours.com.

CALENDAR

Bite of Seattle, Seattle Center, July 18–20: The event, for which Alaska Airlines is a sponsor, includes a weekend filled with gourmet delights from Puget Sound–area restaurants. 425-295-3262; biteofseattle.com.

Pacific Northwest Scottish Highland Games and Clan Gathering at the Enumclaw Expo Center, July 26–27. The event features Celtic arts, athletic competitions, combat exhibitions, traditional music and more. 206-522-2541; sshga.org.

Seattle Beckett Festival: From August through November, nearly 20 theater companies around Seattle will celebrate Samuel Beckett by producing his plays, performing readings of his works, screening his films and more. seattlebeckettfest.org.

Bumbershoot: Arts in the Great Northwest, Seattle Center, Aug. 30–Sept. 1: Billed as North America's largest urban arts festival, with music, theater, dance, visual arts, film and comedy. 206-673-5060; bumbershoot.org.

Washington State Fair, Puyallup, Sept. 5–21: The fair features rides, food, livestock exhibits, concerts and a professional rodeo. 253-845-1771; thefair.com.

Seattle Children's Theatre, Seattle Center. The theater features *Art Dog*, through May 18; The 2014-15 Season includes *The Garden of Rikki Tikki Tavi*, Sept. 25–Nov. 9; *Dick Whittington and His Cat*, Nov. 13–Dec. 21; *Mwindo*, Jan. 22–Feb. 15; *Goodnight Moon*, Mar. 5–Apr. 19; *Robin Hood*, Apr. 16–May 17. 206-441-3322; sct.org.

General Theater: ACT, *The Price* by Arthur Miller, May 30–June 22 (acttheatre.org). Book-It Repertory Theatre, *The Amazing Adventures of Kavalier & Clay*, June 7–July 13 (book-it.org). The 5th Avenue Theatre, *The Gershwins' Porgy and Bess*, June 11–29 (5thavenue.org). Paramount Theatre, *Once*, May 27–June 8 (stgpresents.org). Seattle Gilbert & Sullivan Society, *The Mikado*, July 11–26 (pattersong.org). Seattle Repertory Theatre, *Who's Afraid of Virginia Woolf?*, through May 18 (seattlerep.org). Seattle Shakespeare Company, *Twelfth Night*, Oct. 21–Nov. 16 (seattle-shakespeare.org). Taproot Theatre, *Diana of Dobson's*, May 16–June 14 (taproottheatre.org). Village Theatre, *Funny Girl*, May 15–July 6 (villagetheatre.org).

Additional Performing Arts: Kirkland Performance Center, stand-up comedian and scientist Tim Lee performs, June 28 (kpcenter.org). Pacific Northwest Ballet, *Giselle*, May 30–June 8 (pnb.org). Seattle Opera (50th anniversary), *Don Giovanni*, Oct. 18–Nov. 1 (seattleopera.org). Seattle Symphony, "Morlot Conducts Mozart," May 15 and 17; Ravel's *Daphnis et Chloé*, June 5 and 7 (seattlesymphony.org). Theatre at Meydenbauer Center, Bellevue Jazz Festival, May 30–31 (meydenbauer.com).

For more information on Seattle-area recreation, ranging from the arts to outdoor activities such as golfing the Chambers Bay course (site of the 2015 U.S. Open) and hiking in local wilderness areas, please go to visitseattle.org.

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